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**INSIDE**

*Healthy Hearing  
Tips for Winter*

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Dr. Janet Westlund, Au.D.  
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## SOUND*News*

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# HEARING HEALTH *Is About Relationships*

*Take advantage of our*  
COMMUNITY APPRECIATION OFFERS



**BATTERY  
SPECIAL**

Buy one pack, get one free.  
*Offer expires 12/31/19.*

**FREE  
CLEAN & CHECK**

of your current hearing devices.  
*Offer expires 12/31/19.*



## OFFICE NEWS



We're pleased to announce that Dr. Laura Grinstead recently joined our practice. Laura received her Doctorate of Audiology from Towson University, gained clinical experience at the Johns Hopkins Listening Center, and practiced audiology at a large physician group before joining our practice.

Laura says, "I'm very excited to be part of the team at the Center for Audiology Services! I am passionate about audiology, especially adult hearing evaluations and fitting hearing aids. My goal is to help restore the quality of life for patients living with hearing loss."

**Please stop by to say hello to Dr. Grinstead!**

After you get glasses, you keep going to the eye doctor – annual checkups ensure the glasses still fit your needs. Same with dental work – you're not done with the dentist once a cavity is filled. And so it is with hearing care: Your relationship with us ensures your devices always meet the needs of your listening lifestyle.

### BEYOND D.I.Y.

No matter how well you clean and maintain your devices, wax and debris build up inside the casing, and tiny components wear out. When you come in for your clean and checks, your devices get a deep clean and any worn-out components such as domes and tubing get replaced, so you never miss a moment of what's most important.

### NEW SETTINGS

The birth of a child, a new job, or a new hobby can affect whether your current settings match your hearing needs. Annual evaluations, or even clean and checks, are a great time to let us know about any changes in your listening environments, so we can adjust your settings if necessary.

### HEARING HELP

You might continue to lose hearing over time because of aging or other factors. At your annual hearing checkup, your device settings are adjusted to reflect any changes in your hearing needs.

### TECH TRANSITIONS

If your listening lifestyle changes enough, you might need to upgrade your technology. Through the relationship you've cultivated with us, we're in a unique position to match the latest updates in hearing technology to your updated listening lifestyle.

Has it been a while since we last saw you? Come on in! We'll chat, clean your devices, and check how well you're hearing. Call today to schedule your appointment!

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